

Cooper Riis

FAMILY EDUCATION WEEKEND

April 17-19, 2009



FRIDAY, APRIL 17TH

A Morning at CooperRiis 7:30 AM – 10 AM

Experience a morning at CooperRiis by participating in the morning activities with your family member. Plan to arrive early and begin your day with **Breakfast @ 7:30 AM**, **Exercise @ 8:30 AM**, followed by the **Morning Meeting @ 9 AM**.

Addressing Addictions 10 AM
April Easter

Optimal Health 11 AM
Mary Kreider

LUNCH 12 PM

Ask the Therapists 1 PM
Questions & Answers

*Sharon Young, Mary Schweder,
Matt Snyder, Matt Bram,
April Easter and Shar Connolly*

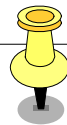
CooperRiis Community Life 2 PM
Information Session
*Ines Wullimann,
Community Members & Staff*

CooperRiis Life Skills 3:30 PM
Information Session
Lisa Schactman & Life Skills Staff

Meet and Greet 5:00 PM
Hosted by Don & Lisbeth Cooper

DINNER 6 PM

Family Time in the Art Barn - 7:30 PM
Family Activities in the Art Barn



SATURDAY, APRIL 18TH

Breakfast 7:30-8:30 AM

Recovery Workshop 9 AM – 12 PM
Program Director "Dr. Sharon" Young

LUNCH 12 PM

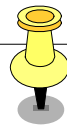
Ask The Doctor 1 PM
CooperRiis Psychiatrist
Ken Kallenbach, MD – "Dr. K"

Person Centered Planning 2:30 PM
Recovery Coordinating
*Scott Hart, Pat Dockendorf,
Ellen Howe, Sara Manuel,
Misty Peterson, Ellen Rogers,
Jeannine Slevin and Verna Wilkins*

Family Sharing Time 4 PM
Facilitated by Don & Lisbeth Cooper

DINNER 6 PM

Entertainment - 7:30 PM
Talent Show in the Art Barn



SUNDAY, APRIL 19TH

BRUNCH 10 AM - 12 NOON

Share your departing thoughts with us
over *a Buffet Brunch*

*Enjoy free time with your
family member before you depart*