

The Farm is located at 101 Healing Farm Lane in the village of Mill Spring, North Carolina near the intersection of NC-9 and Hwy 108. You will notice our long white fence with a bricked opening at our entrance. There is no CooperRiis sign on the highway; however, you will see our "Healing Farm Lane" posted.

Driving directions to CooperRiis Farm:

From Asheville, NC, take I-26E to exit 67 onto Hwy 108 East for approximately four miles, cross over Hwy 9 (traffic light) and you will find the entrance at 4/10 of a mile on the left.

From Charlotte, NC, take Hwy 74W to exit 167, take Hwy 9 N to Mill Spring, then right on Hwy 108 (the first traffic light) for 4/10 mile.

From Greenville/Spartanburg, SC, take I-26W to exit 67, make a right turn onto Hwy 108 and follow that for approximately 4-5 miles, cross over Hwy 9 (traffic light) and you will find the entrance 4/10 of a mile on the left.

Flying to CooperRiis:

We can be reached via Asheville Regional Airport (Farm 30min.) Greenville/Spartanburg International Airport (Farm 40 min.) or Charlotte International Airport (Farm 70 min.) Follow directions from above.

Please join us for FAMILY EDUCATION WEEKEND



October 15-17, 2010

Dear Family & Friends,

We hope you will be able to join us in October to learn more about CooperRiis. The weekend will be filled with information about our program, how your loved one spends the day and evening, their journey of recovery, and opportunities for the future. We will also have plenty of time for visiting with some fun along the way.

We also invite you to arrive early Thursday or stay through Monday to enjoy the experience of a life skills crew and/or to meet with your loved one's therapist and Recovery Coordinator.

We sincerely thank you for entrusting us with your loved one's care and we look forward to welcoming you to our Fall Family Education Weekend!

Please RSVP to Ellen Rogers at (828) 894-7145 or ellen.rogers@cooperris.org.

Sincerely,
The CooperRiis Family



SUNDAY, October 17th

BRUNCH 10 AM - 12 NOON

Share your departing thoughts with us over
a Buffet Brunch

Tours of 85Z 1 PM - 4 PM

We welcome you to drive up to our urban location in Asheville for a guided tour.

Directions will be provided.

And enjoy free time with your family member before you depart.



Mission Statement:

Our healing mission is to enable individuals, whose lives are impeded by mental illness or emotional distress, to develop their capabilities or creativity, wholeness and relationship so that they can achieve their highest levels of fulfillment and functioning and respond productively to their future challenges and opportunities for growth.

SATURDAY, October 16th

BREAKFAST 7:30-8:30 AM

Recovery Workshop 9 AM-12 PM

Sharon Young, Ph.D., Chief Recovery Program Officer

LUNCH 12 PM

A Visit with Virgil Stucker 1:00 PM

Ask the Doctors 1:20 PM

Questions & Answers

Dr. Ken Kallenbach & Dr. Tony Bird

Ask the Therapists 2:20 PM

Questions & Answers

*Sharon Young, PhD, April Easter, LPC, LCAS,
Matt Snyder, MA, MS, LPC, Mary Schweder, MA, LPC,
Matt Bram, MS, LPC,, Lauren Britton, LPA, Robin Arfa,
MA, LPC, LCAS, Jeff Thompson, MA,
Scott Hart, MA, LPC, Lisa Walker, Psy.D*

Residential Life 3:20 PM

Information Session

*Charlie Stiles, LPC, Simon Wullimann, MA
& Hall/Lodge Advisors*

Family Sharing Time 4:30 PM

Facilitated by Don & Lisbeth Riis Cooper

DINNER 6:15 PM

Open Mic in the Art Barn 7:30 PM

THINGS TO KNOW...

This event will be at our Farm location: 101 Healing Farm Lane, Mill Spring, NC
All Workshops will be held in the Dining Room.

The workshops are open to families, friends, residents and staff. *The only exception is the Family Sharing Time on Saturday afternoon at 4:30 PM. It is reserved for families and friends only.*



An Art Show/Sale will be held on Saturday from 11 AM to 7 PM in the Main House featuring items from Residents and Staff.

A NAMI Family to Family Educator representative will be with us on Saturday.



*Please plan to eat your meals with us.
If you have any special dietary needs, please indicate that in your RSVP.*

FRIDAY, October 15th

A Morning at Cooper Riis 7:30 AM–10 AM

Experience a morning at Cooper Riis by participating in the morning activities with your family member. Plan to arrive early and begin your day with **Breakfast @ 7:45 AM**,

Morning Meeting @ 8:35 AM, followed by **Centering @ 9:00 AM**

A Welcoming by our Executive Director and President, **Virgil Stucker 9:45 AM**

Optimal Health 10:00 AM

Information Session

Mary Kreider, MS

Addressing Addictions 11:00 AM

Information Session

April Easter, LPC, LCAS, Matt Bram, MS, LPC

LUNCH 12 PM

Recovery Coordination 1:00 PM

Information Session

Johnnie Featherstone, MA, Ellen Howe, MSW,, P-LCSW, Andrew Bednarzik, MS, LPCA, Pat Dockendorf, MA, MMH, Sara Manuel, Ellen Rogers, Jeannine Slevin, P-LCSW, Laura Torres, BE-LPC, Verna Wilkins, Sommerville Bevilaqua

It's all about Community 2:15 PM

Lisbeth Cooper

Community Program 2:40 PM

Information Session

Bo Simms, Ines Wullimann & Community Program Staff

Life Skills Program 3:45 PM

Information Session

Brittany Dean, Corinne Wullimann & Life Skills Program Staff

Meet & Greet 5:00 PM

Hosted by **Don & Lisbeth Riis Cooper**

All Directors and many staff will be attending and available for questions and private conversations.

We encourage you to find the staff with whom your loved one works and have a chat at this time.

DINNER 6 PM

Cooper Riis Healing Community DVD

Showing in the Art Barn 7:15 PM

